**Level 1 – Understanding Gender Inequality and Violence Against Women and an introduction to Supportive Responses (6hrs)**

This course will be run over 2 sessions, most likely over 2 half days but on occasion 1 full day

Participants can:

* Explain why Violence Against Women is a product of gender inequality
* Describe the many forms of Violence Against Women and describe how these are interlinked
* Discuss how the effects of experiencing the forms of VAW are broadly similar
* Give examples of policies to support staff to respond to VAW
* Illustrate their own role and the role of other organisations in supporting those affected by VAW
* Demonstrate asking about Violence Against Women issues – routine enquiry & suspicions
* Demonstrate supportive responses to disclosure
* Carry out risk assessment and initial safety planning discussions (includes MARAC assessment & referral)
* Analyse how service responses can increase risk & assess how to mitigate these

**The Impact of Rape and other forms of Sexual Violence (4 hrs)**

Participants can:

* Demonstrate understanding of the different forms of sexual violence
* Illustrate the concept of ‘consent’ in relation to sexual relationships and sexual violence
* Discuss the myths and realities of Sexual Violence
* Illustrate interventions which can promote recovery from Sexual Violence

**Violence Against Women - the Traumatic Impact (4 hrs)**

Participants can:

* Explain what experiences might lead to psychological trauma
* Describe the differences between Type 1 and Type 2 trauma
* Illustrate the impact of experiencing trauma
* Implement approaches to enable a Trauma Informed Service
* Implement supportive responses to those affected by trauma

**Children’s Experiences of Domestic Abuse (4 hrs)** Participants can:

* Explain the of impact of domestic abuse on a child/young person at key development stages
* Discuss how the Highland Practice Model can be used to support children and young people affected by domestic abuse, and their families
* Apply models of working to increase perpetrator visibility & promote safe contact
* Analyse own practice in responding to children and young people with experience of domestic abuse

**VAW Update: Refresher for Routine Enquiry & MARAC (4 hrs)**

Participants can:

* Re-visit and reflect upon knowledge and understanding of violence against women and its impact
* Demonstrate an understanding of key themes in relation to Domestic Abuse
* Re-visit routine enquiry and reflect on best practice
* Re-visit risk assessment and safety planning and demonstrate approaches
* Re-visit key aspects of Multi Agency Risk Assessment Conferencing (MARAC) process and implications for practice